



Touchstone Family Association

Strengthening Family • Building Community



MEN, ANGER & THE FAMILY

Touchstone is offering a group for men who have anger issues, particularly those who have been abusive, physically or verbally, to their partners and/or children.

GROUP GOALS:

- To learn more effective communication, conflict resolution, and anger management skills
- To understand the cause root of anger
- To consider conceptions of masculinity grounded in equality and cooperation rather than in power and control
- To consider fuller, more positive conceptions of women and children
- To understand how children are negatively impacted by witnessing domestic violence
- To identify and change anger distortions

METHODOLOGY:

The group will meet for 8 weeks and will be facilitated by two male counsellors. The sessions will consist of integrated psycho-education, group conversations, videos, and group exercises.

LOCATION and DATES:

Touchstone Family Association

#210 – 3031 Viking Way, Richmond, BC

Dates: October 7th – December 2nd, 2024 (Mondays).

Time: 5:30pm – 7:30pm

Place: Suite #210 (on 2nd floor)

(The group is free and pizza will be provided)

TARGET POPULATION:

This group is designed for any man who has been physically, emotionally or verbally abusive to his partner and/or children. It could be used as an alternative to a mandated domestic violence group. The group is ideal for men in current intimate relationships or men who are caregivers to minors.

REFERRAL PROCESS:

Referrals from MCFD should include Touchstone referral forms. Self-referrals, by phone, are welcome. An intake interview with all prospective clients **must** take place prior to the first session. The counsellor, in consultation with the referrer (if there is one), will determine acceptance in group.

CONFIDENTIALITY:

The information that is shared in group by the client will be kept confidential and respected by staff. Group members are told in the interview and in group that each group member is to maintain the confidentiality of every other member.

For more information please contact:

Group Facilitator – Jeff Markusoff

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